

## RISK CHART FOR MEN

Find the line closest to your age and smoking status.† The numbers tell you **how many of 1,000 men will die in the next 10 years from....**

|     |               | Vascular Disease |           | Cancer     |                           |           | Infection |          |          | Lung Disease | Accidents | All Causes Combined* |
|-----|---------------|------------------|-----------|------------|---------------------------|-----------|-----------|----------|----------|--------------|-----------|----------------------|
| Age | Smoking       | Heart Disease    | Stroke    | Lung       | Colon                     | Prostate  | Pneumonia | Flu      | AIDS     | COPD         |           |                      |
| 35  | Never smoker  | 1                | 1         |            |                           |           |           |          | 2        |              | 5         | 15                   |
|     | Former smoker | 2                | 1         | 1          |                           |           |           |          | 2        |              | 5         | 23                   |
|     | <b>Smoker</b> | <b>7</b>         | <b>1</b>  | <b>1</b>   | <b>Fewer than 1 death</b> |           |           |          | <b>2</b> |              | <b>5</b>  | <b>42</b>            |
| 40  | Never smoker  | 3                | 1         | 1          | 1                         |           |           |          | 2        |              | 6         | 24                   |
|     | Former smoker | 4                | 1         | 1          | 1                         |           |           |          | 2        |              | 6         | 34                   |
|     | <b>Smoker</b> | <b>14</b>        | <b>2</b>  | <b>4</b>   | <b>1</b>                  |           |           |          | <b>2</b> | <b>1</b>     | <b>6</b>  | <b>62</b>            |
| 45  | Never smoker  | 6                | 1         | 1          | 1                         |           |           |          | 2        |              | 6         | 35                   |
|     | Former smoker | 10               | 1         | 4          | 1                         |           |           | 1        | 2        | 1            | 6         | 49                   |
|     | <b>Smoker</b> | <b>21</b>        | <b>3</b>  | <b>8</b>   | <b>1</b>                  |           |           | <b>1</b> | <b>2</b> | <b>2</b>     | <b>6</b>  | <b>91</b>            |
| 50  | Never smoker  | 11               | 1         | 1          | 2                         | 1         |           |          | 1        |              | 5         | 49                   |
|     | Former smoker | 17               | 2         | 7          | 2                         | 1         |           |          | 1        | 2            | 5         | 72                   |
|     | <b>Smoker</b> | <b>29</b>        | <b>5</b>  | <b>18</b>  | <b>2</b>                  | <b>1</b>  |           |          | <b>1</b> | <b>3</b>     | <b>5</b>  | <b>128</b>           |
| 55  | Never smoker  | 19               | 3         | 1          | 3                         | 2         |           |          | 1        | 1            | 5         | 74                   |
|     | Former smoker | 27               | 3         | 13         | 3                         | 2         |           |          | 1        | 7            | 4         | 107                  |
|     | <b>Smoker</b> | <b>41</b>        | <b>7</b>  | <b>34</b>  | <b>3</b>                  | <b>1</b>  |           |          | <b>1</b> | <b>7</b>     | <b>4</b>  | <b>178</b>           |
| 60  | Never smoker  | 32               | 5         | 2          | 5                         | 3         |           |          | 1        | 1            | 5         | 115                  |
|     | Former Smoker | 41               | 6         | 22         | 5                         | 3         |           |          | 1        | 12           | 5         | 166                  |
|     | <b>Smoker</b> | <b>56</b>        | <b>11</b> | <b>59</b>  | <b>5</b>                  | <b>3</b>  |           |          | <b>1</b> | <b>16</b>    | <b>4</b>  | <b>256</b>           |
| 65  | Never smoker  | 52               | 9         | 4          | 8                         | 6         |           |          |          | 3            | 6         | 176                  |
|     | Former Smoker | 60               | 11        | 32         | 7                         | 6         |           |          |          | 20           | 5         | 247                  |
|     | <b>Smoker</b> | <b>74</b>        | <b>16</b> | <b>89</b>  | <b>7</b>                  | <b>6</b>  |           |          |          | <b>26</b>    | <b>5</b>  | <b>365</b>           |
| 70  | Never smoker  | 87               | 18        | 6          | 10                        | 12        |           |          |          | 5            | 7         | 291                  |
|     | Former Smoker | 90               | 18        | 44         | 10                        | 11        |           |          |          | 34           | 7         | 362                  |
|     | <b>Smoker</b> | <b>100</b>       | <b>26</b> | <b>113</b> | <b>9</b>                  | <b>10</b> |           |          |          | <b>45</b>    | <b>6</b>  | <b>511</b>           |
| 75  | Never smoker  | 137              | 32        | 8          | 13                        | 19        |           |          |          | 6            | 11        | 449                  |
|     | Former smoker | 135              | 31        | 53         | 12                        | 18        |           |          |          | 50           | 11        | 519                  |
|     | <b>Smoker</b> | <b>140</b>       | <b>39</b> | <b>109</b> | <b>11</b>                 | <b>15</b> |           |          |          | <b>60</b>    | <b>9</b>  | <b>667</b>           |

† A never smoker has smoked less than 100 cigarettes in his life; a current smoker has smoked at least 100 cigarettes or more in his life and smokes (any amount) now; a former smoker has smoked at least 100 cigarettes in the past, but no longer smokes now.

\* The numbers in each row do not add up the chance of dying from everything combined, because there are many other causes of death besides the ones listed here.